



Gym	Hours	Personal Training	Fees	Discounts	Contact	Supervised Childcare
Chippewa Crossfit	5 a.m. - 7 p.m.	\$60.00/Hour	Variable based on length of contract and number of classes. \$85.00 to \$115.00 10 class punch card = \$150.00	Military, Fire and Police	Allision 715.379.6441 <a href="mailto:allison@crossfitchippewa.com">allison@crossfitchippewa.com</a>	No
Chippewa YMCA	M-Th 5 a.m. to 10 p.m. F 5 a.m. to 9 p.m. Sat/Sun 6 a.m. to 6 p.m.	\$40.00/hour Packages are available.	Youth \$21.00/Month 12 to 17 \$29.00/Month Adult/Sr. \$50.00/Month Family \$69.00/Month Plus Joiners Fee Youth/Teen \$25.00/Month All Others: \$50.00/Month	Several employee and health insurance company discounts are available. Financial assistance also available.	Linda 715.723.2201 Ext 107 <a href="mailto:lindar@chippewaymca.org">lindar@chippewaymca.org</a>	Yes – Free Details at: chippewaymca.org
Eau Claire YMCA	M-F 5 a.m. to 10 p.m. Sat 6 a.m. to 8 p.m. Sun 11 a.m. to 8 p.m.	Yes, information available at <a href="http://eauclairemca.org">eauclairemca.org</a>	Youth \$20.00/Month Young Adult (19-25) \$35.00/Month Adult \$50.00/Month Family \$70.00/Month Senior >62 \$60.00/Month Joiners Fees: Youth \$15.00 Adult \$40.00 Seniors \$45.00 Family/Adult \$65.00	Several employee and health insurance company discounts are available. Financial assistance also available.	Craig Monson 715.836.8460 <a href="mailto:craig@eauclairemca.org">craig@eauclairemca.org</a>	Yes. Details at: <a href="http://eauclairemca.org">eauclairemca.org</a>
FitElite Crossfit of Eau Claire	M-Th 5 a.m. – 7 p.m. F 5 a.m. to 6:30 p.m. Sat 7 a.m. to 10:30 a.m.	\$55.00 - \$120/hour dependent on trainer	\$100-\$175/Month based on number of classes per month. Student rate: \$99/Month	No active discounts presently.	Jason Wienser <a href="mailto:jason@fiteliteonline.com">jason@fiteliteonline.com</a>	Not supervised. Designated area where children can sit and parent can monitor during workouts.
Momentum Crossfit	M-F 5 a.m. – 8 p.m. Sat 7:30 a.m. to 1 p.m. Sun 10 a.m. to 2 p.m.	\$65/Hour for 12 Sessions \$60.00/Hour for 24 Sessions	Varied based on length of contract and number of classes per month. \$100-\$180/Month Couples discounts are available.	Active military, police, fire and corporate discounts are available.	Jackie Barstad Jim Breuer 715.955.4319 <a href="mailto:jackie@momentumspport.com">jackie@momentumspport.com</a> <a href="mailto:jim@momentumspport.com">jim@momentumspport.com</a>	Not supervised. Designated area where children can sit, and parent can monitor during workouts.

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Momentum SWEAT	M-Th Classes 5 a.m., 6 a.m., 4:30 p.m. and 5:30 p.m. F Classes 5 a.m. and 6 a.m. Sat Classes 8 a.m. and 9 a.m.	Available at Momentum Crossfit	\$85.00/Month	Active military and corporate discounts available.	Jackie Barstad Jim Breuer 715.955.4319 <a href="mailto:jackie@momentumSPORT.com">jackie@momentumSPORT.com</a> <a href="mailto:jim@momentumSPORT.com">jim@momentumSPORT.com</a>	No
Highland Fitness 2 Eau Claire Locations East Ridge and West Ridge Lake Hallie Location	West Ridge/Lake Hallie 24 Hours/Day – 7 Days a Week East Ridge M-F 5 a.m. to 10 p.m. Sat/Sun 7 a.m. to 7 p.m.	\$30 for 30 minutes \$60.00/Hour	\$36.00/Month for 1 Year Contract \$33.00/Month for 2 Year Contract	Student \$20.00/Month Seniors – Silver Fit and Silver Sneakers typically cover cost of membership.	Kelly Rimes 715.833.2100	No
Gold's Gym Eau Claire	M-F 5 a.m. to 11 p.m. Sat/Sun 7 a.m. to 7 p.m.	\$45.00 for 30 minutes Packages available	\$40.00/Month – Single \$65.00/Month – Couples \$70.00/Month – Family	\$50.00/Month – Senior \$45.00/Month – Student	Kyle 715.552.4570	Yes \$6.00/hour/child \$40.00/Month unlimited for up to 2 kids
Anytime Fitness 3 Eau Claire Locations	24/7	Yes, prices vary based on packages		If you bring in an ECMC business card, 10% discount.		
Plant Fitness Eau Claire	24/7	No	\$10.00/Month – Basic \$21.99/Month – Premium includes massage, discount drinks, unlimited guest use.	None	715.598.1602	No
Snap Fitness	24/7	\$35.00/Hour Packages at discount rates available.	\$18.95 Initial Fee \$34.95/Month	Students, seniors, police, fire, teachers, military pay \$18.95 fee then \$30.00/Month. They accept multiple insurance discounts. HealthPartners and BC/BS take \$20.00 off monthly fees if you access 10 times per month.	715.232.9999	No
The Yoga Room Eau Claire	Variable morning and evening hours. Class times can be found on website.	Private Class \$75.00/Hour for up to 5 people	\$80.00/Month Unlimited 10 Punch Card \$130.00 Drop in rate is \$15.00	No	715.833.1121	No

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Latitude 44 Yoga Eau Claire	Variable morning and evening hours. Class times can be found on website.	Private Class \$55.00/Hour \$100/Hour for small group.	Limited 5 Classes per Month - \$50.00/Month \$15.00 – Drop in Class 9 Classes - \$74.00/Month Unlimited Classes - \$99.00/Month Unlimited Annual - \$944/Year \$15.00 Per Drop in Class Barre Classes are \$65.00/Month	\$10.00 drop in for teacher and military. 14 Day Trail for \$39.00 for new customers.	Jimmy 715.828.3936	Yes One Month - \$30/Child \$5.00/Visit/Child
Machine Shed Menomonie	M-Th 9 a.m. to 8 p.m. F 12 p.m. to 5 p.m. Sat 9 a.m. to 12 p.m.	Private Sessions \$1/Minute Packages Available	2 Classes per Week - \$105.00/Month Unlimited - \$140/Month	5% military, police and student.	612.240.4333	Not supervised. Area for children to watch.
Sully's Gym Menomonie	24/7	No	\$305/Year	No	Terry Sullivan 715.231.2348	No
Endless Summer Tan & Fitness Durand	M – F 9 a.m. to 6 p.m.	No	\$359.98/Year One Time Key Fee \$25.00	Silver Sneakers	715.672.5060	No