

### Pediatric Health History Form

Child's Name: \_\_\_\_\_ Date Of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Parent Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ Cell: \_\_\_\_\_

Child's Previous Doctor / Primary Care Provider: \_\_\_\_\_

Present Health Concerns: \_\_\_\_\_

Medicines/Vitamins/Herbals: \_\_\_\_\_

Allergies/Reactions To Medicines Or Vaccinations: \_\_\_\_\_

**Pregnancy & Birth:**

Is this child yours by:  birth  adoption  stepchild  other \_\_\_\_\_

Please indicate any medical problems during pregnancy  none  specify: \_\_\_\_\_

Delivery by:  vaginal birth  caesarian If caesarian, why? \_\_\_\_\_

Birth weight: \_\_\_\_\_ Birth length: \_\_\_\_\_ APGAR score 1 min. \_\_\_\_\_ 5 min. \_\_\_\_\_

**Sleep:**

Hours per night \_\_\_\_\_ Naps (number & length) \_\_\_\_\_

Any sleep problems? \_\_\_\_\_

**Development:**

At what age did your child: sit alone \_\_\_\_\_ walk alone \_\_\_\_\_ say words \_\_\_\_\_ toilet train (daytime) \_\_\_\_\_

Girls only: Age at first menstrual period \_\_\_\_\_

**Dental History:** Has child been seen by a dentist?  No  Yes If so, how often \_\_\_\_\_ Date of last visit \_\_\_\_\_

**Immunizations/Infectious Diseases:** Please bring your child's immunization records to your appointment.

Has your child had:  chickenpox  measles  mumps  rubella  meningitis  tuberculosis (TB)

**Exposures/Habits:** Any concerns about lead exposure? (old home/plumbing/peeling paint)  No  Yes

Do any household members smoke?  No  Yes

TV ---hours per day \_\_\_\_\_ Computer---hours per day \_\_\_\_\_ Video Games---hours per day \_\_\_\_\_

**Past Medical History:** Please describe any major medical problems and their dates

**Hospitalizations/Operations and dates:** \_\_\_\_\_

**Broken bones/Severe sprains:** \_\_\_\_\_

**Family History:** Please circle any family history of the following (indicate who has/had the condition):

- |                        |                                       |                |
|------------------------|---------------------------------------|----------------|
| Alcoholism/drug abuse  | Heart disease or stroke before age 60 | Seizures       |
| Psychiatric disorders  | Thyroid disease                       | Kidney disease |
| High blood pressure    | Bleeding/clotting problems            | Birth defects  |
| Asthma/hayfever/eczema | Inherited/genetic diseases            |                |

**Social History:**

Birthplace \_\_\_\_\_ Current (or upcoming) grade: \_\_\_\_\_

Who lives at home?

<u>Name</u>	<u>Age</u>	<u>Relationship</u>	<u>Highest Education Level</u>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Are the child's parents  married  unmarried  separated  divorced If divorced, when? \_\_\_\_\_

Parents' occupations: Mother \_\_\_\_\_ Father \_\_\_\_\_

Child care situation  parents  others (specify who and hours per day) \_\_\_\_\_

Concerns about your child:  Alcohol use  Tobacco  Sexual Activity  Aggressive Behavior

Is violence at home a concern?  No  Yes Are there guns in the home?  No  Yes

**School History:**

Did/does your child attend preschool?  No  Yes Current grade \_\_\_\_\_ Name of school \_\_\_\_\_

Any concerns about school performance? \_\_\_\_\_

Any concerns about relationships with: Teachers  No  Yes \_\_\_\_\_

Students  No  Yes \_\_\_\_\_

If over 4 years old does your child have a best friend?  No  Yes

Sports / exercise: Type \_\_\_\_\_ How often? \_\_\_\_\_ How long (minutes) \_\_\_\_\_

**Review of Organ Systems:** If child has more than one symptom on a line, circle the relevant one(s).

Constitutional / Endocrine

- Fevers/chills/excessive sweating
- Unexplained weight loss / gain

Eyes

- Squinting/"crossed" eyes/  
gaze

Ears / Nose / Throat

- Unusually loud voice/hard of  
hearing
- Mouth breathing/snoring
- Bad breath
- Frequent runny nose
- Problems with teeth/gums
- Cough/wheeze

Gastrointestinal

- Nausea/vomiting/diarrhea
- Constipation
- Blood in bowel movement

Cardiovascular

- Tires easily with exertion
- Shortness of breath
- Fainting

Genitourinary

- Bedwetting
- Pain with urination
- Discharge: penis or vagina

Neurological

- Headaches
- Weakness
- Clumsiness

Muscular / Skeletal

- Muscle/joint pain

Allergy

- Hayfever/itchy eyes

Skin

- Rashes
- Unusual moles asymmetric

Psychiatric / Emotional

- Speech Problems
- Anxiety/stress
- Problems with sleep/  
nightmares
- Depression
- Nail biting/thumbsucking
- Bad temper/breath holding/  
jealousy

Blood / Lymph

- Unexplained lumps
- Easy bruising/bleeding